

# Developing a More Productive Workspace

We all have moments when we just can't seem to make progress with our work. Feng Shui presents ways to improve the environment surrounding our work space. See if any of these tips help you focus on work. If you work from home, consider...

## Having a Dedicated Workspace...

This is obvious if you think about it. When we sleep, we are letting go (Yin) and when we work we are building energy (Yang). It's hard to do these two things in the same space.

## Clearing Clutter...

Start "up close and personal" with your desk. Set aside a few hours at a time just to get paperwork into labeled folders. Then, have a place to store the folders, out of sight, yet easy to find. Once you have the desk top under control, move out from the desk and find places for other things that are out in the room waiting for a place to go.

## Bringing Nature In...

If possible work near a window to bring in light and air from the natural world. Better positions for this are with the window off your left or right shoulder, rather than a window at your back where you can't really enjoy the view/air/light. Consider using plants or a fountain to bring nature in, if the Feng Shui energies warrant it.

## Knowing the Flying Stars of It...

If you know the Flying Stars energy in each sector of the Bagua for the building, try to work in areas with Earth/8 in the Abundance position or the yearly energy. Even better would be when Earth/8 is combined with Water/1 or Metal/6. The NW sector represents "boss" energy. However, be sure the actual energies are productive for work

## Avoiding Distractions...

Buffer the space you work from noise or other distractions. Sit at least six feet away from electronic equipment or objects that create noise.

## Having Adequate Lighting ...

Change out regular fluorescent light tubes for the full spectrum version. Lamps with full spectrum bulbs also work.

## Hanging Art or a Meaningful Saying...

Decorate your space/room with objects and art that make you feel good about what you do for work.

## Facing a Productive Direction...

If this doesn't place your back facing a door, try to sit in one of your three best Eight Mansions (locational) directions. These directions bring you more energy.