

Feng Shui for Early Winter 2015

Winter is the time of year when we slow down and enjoy being indoors. This makes appreciating the changing energy patterns (chi) inside our homes and workplaces even more important than during other times of the year.

Feng Shui principles indicate that earth energies move from the outside to the inside of a building through windows, doors, even walls.

To determine the energy in your home this winter, sketch a to-scale floor plan of the structure, with the front door at the top.

Next visualize how energy from the land might move into and through your home via windows and doors.

These different energies enter your home along eight equal wedge directions (like a pie shape) pointing to the exact center of the house. The top wedge goes over the side of the house that includes the front door. The seven other wedges (directions) will fall into place.

Standing in the center of your home, use a compass to obtain the direction for each wedge (N, NE, E, SE, S, SW, W, NW).

Until early February, when the 2016 Chinese New Year begins, avoid spending time in the West sector (potential calamity) or East (potential sickness). There is also a difficult energy combination that could encourage arguing in the SE sector.

Finally, don't trigger calamities or health issues by disturbing the soil outside the house or renovating the

structure (inside or out) in the due-East or West sectors.

The chart below offers general guidelines for where to spend time until February 2016.

Sleep and spend time in positive (+) areas, and avoid the negative (-) ones. Neutral areas (+-) might work for some people but not others.

For example, an area that's neutral or negative for children might be positive for adults. Energy patterns are actually quite discriminating!

Qualities of Winter Energies (factoring in year and month energies)		
Sector Directions	Dec	Jan
North	+	+++
Northwest	-	+ -
West	- +	---
Southwest	+ -	+ -
South	+	+ -
Southeast	-	--
East	-	-
Northeast	-	+ -

+ = beneficial, - = detrimental energy

Beginning December 7, 2015, 8:01 pm... The South has abundant and quite sexy energy for the month. Add a little red to enhance this

The Southwest sector should be a happy place but could include abuse of drugs or potential eye problems. Avoid having red here. The energy is strong enough already. Another festive area that could benefit from adding red, such as Christmas decorations, is in the North.

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Avoid the SE where the energy could include sickness; and the East area where the energy could work against a marriage. Remedy both areas with metal.

Some sort of moving metal, such as a pendulum clock, in the center of the house could help both these areas and also the West sector, where the “cranky ole emperor” resides.

The NE has “clashing swords” or verbal abuse potential. Actual water, blue, black, or scenes of water in nature can reduce this highly disruptive energy.

Finally, metal or the sound of chimes or a pendulum clock could help the NW sector which typically has better energy than occurs this December.

Beginning January 6, 2016, 6:46 am...

Wow! This is a double hit month where good and bad energies are twice as intense as in a typical month. The yearly energy in each sector is repeated in the monthly energy. Be very careful where you spend time in January.

Festive, fiery energy is in the SW, an area that also should include happy times. Party hardy!

The East sector is good for art and academic achievement. North has a preponderance of abundance, making it a great place to work.

Add actual metal, such as a bowl of pennies, in the East, and fire, red or lit candles, in the North for increased business.

Areas to avoid in January include the SE, with sickness energy and the West, described as disastrous, making this area probably not a good place to work or sleep for the month. Remedy these areas with the sound of metal coming from the center of the house, as with a pendulum clock that is key wound or pulley driven.

Wrap up the last two months of the Chinese year with carefully placed remedies and get ready for big changes in the New Year, February 4, 2016.

An Aside About Feng Shui Remedies and Enhancements...

You may notice that feng shui remedies often engage one or more of our senses. For example, a pendulum clock, which is a strong **metal remedy**, helps move sluggish, sickly earth energy in a space, with the movement and sound of the metal. A fish tank, vase of blue flowers, or art of wavy blue-black lines puts an **actual or virtual water remedy** in a space. Bamboo is used also for a growing, expanding **wood remedy**. And, I'll bet I don't have to explain the mesmerizing properties that come from watching wood burning in a fireplace or the candle flame from a **fire remedy**.

In my opinion it is well worth the time it takes to determine remedies and enhancements for each area of your home as each month comes. The resulting boost to your health, relationships, and prosperity should be evident.

At the very least place transforming elemental remedies in areas where you spend more than a couple of hours a day