

Dowsing and Clearing Basics

Dowsing, and its companion discipline, space clearing, are as much an art as a science. The way you prepare for the process is almost as important as how you subsequently ask and receive “answers” to your inquiries.

What Is Dowsing?

Dowsing is defined as “allowing someone to obtain information in a manner beyond the scope and power of the standard human physical senses of sight, sound, touch, etc.” Definition from, *Wikibow*.

A dowser works with micro movements from the body (muscles), intuition, or a sixth sense for answers to dowsing questions. Using the body is called deviceless dowsing.

Dowsing with a pendulum, metal rod or forked stick relies on receiving knowledge of what is “hidden”, and answers come from the subconscious.... Information from *Wikibow*...

What Is Space Clearing?

You can use dowsing skills to assist in space clearing. The purpose of this practice is to transform detrimental energy in a particular place into something that is beneficial. Dowsing helps to identify concentrations of detrimental energy. Positively transforming this array of energy is sometimes called, space clearing.

How to Prepare to Dowse

You are basically working with your “higher self” when you ask questions using dowsing or carry out space clearing techniques. I like to offer a prayer to God before I dowse. This reminds me who is really in charge, and clears my mind to start the process.

The Unity Prayer for Protection

“May the Light of God Surround Us. May the Love of God Enfold Us. May the Power of

God Protect Us. May the Presence of God Watch Over Us. Wherever We Are, God Is... And All is in Divine Order.” This prayer is also useful in space clearing.

Prayer for Transforming Energy

There are positive and negative energies in every space. Once you have identified a concentration of negative energy, you can use the following prayer to transform detrimental energies into something more positive.

“If it be Thy will, may the Powers of Nature converge with any forces that are in accord with the Divine to increase and enhance beneficial energies (in this area), balance any detrimental energies (in this area), for now and into the future, for as long as is appropriate. In deep gratitude. Amen” (From Joey Korn.)

What Is the Process?

1. Address the Divine in some way. (for example, the prayer above.)
2. Ask to be blessed and charged with energy.
3. State what you want to accomplish and carry out the work.
4. Express gratitude when you finish the work.
5. Close the blessing.

Space clearing a house can take an hour or more, depending on the number of rooms. If there is a particular area that has an accumulation of detrimental energy from the occupants’ death, abuse, serious illness, depression, etc. then spend more time here. After that, you shouldn’t have to repeat the process

Does This Process Go Against God?

No. Your intention is to do the work for the highest and best good. You begin by offering a prayer for God’s protection. You do the work. Then, you offer a prayer of thanks at the end.